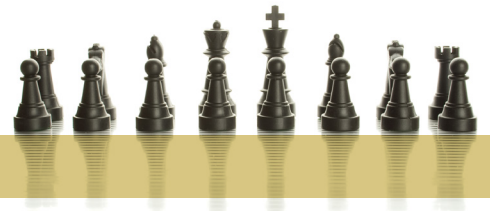


Hobbies & Interests



Living Life To The Fullest

Let me know if any of the following events are happening:

Fitness and Wellness

- Walking clubs
- Group exercise at the community
- Group exercise offsite
- Stretching and flexibility training
- Spa days and therapeutic massage

Intellectual Pursuits

- Lectures and seminars
- Discussion groups
- Book and writing clubs
- Courses and learning series
- Brain “exercises”

Spiritual and Charitable Pursuits

- Volunteer projects
- Charity drives
- Non-denominational services
- Church visits and van services
- Hymn sing-alongs

Social Opportunities

- Coffee clubs/happy hours/socials
- Children/animal presentations
- Bingo and games
- Cooking and craft projects
- Entertainment/dances

Outings

- Restaurant trips
- Museums/sightseeing trips
- Entertainment offsite
- Shopping trips
- Overnight trips

Fun Things You'd Like to Do
